

**FAMILY PROMISE OF BERGEN COUNTY
FOOD DISTRIBUTION VOLUNTEER OPPORTUNITIES**

Family Promise currently has volunteer opportunities at our Walk-In Dinner Program in Hackensack. The meal distribution program in Englewood ended on October 16, 2020. Board President Paul Shackford is scheduling each week's volunteers. Physical distancing and masks are enforced. Safety is our first consideration.

The Walk-In Dinner in Hackensack requires about 45 minutes inside where all volunteers pack up donated meals. Then, some trained volunteers deliver meals (never alone) to the motels where shelter residents have been moved. Others distribute meals at the loading dock. (Location is the Housing Health and Human Services Center, 120 South River Street.)

VOLUNTEERS MUST BE SCHEDULED IN ADVANCE.

- Involves at least two hours of standing.
- **The commitment is 3:30-6pm.** Program runs seven days a week.
- Volunteers **MUST** be over 18 years of age.
- Hats, masks, and gloves are required. This is for everyone's safety. Bring and wear a hat and mask. Gloves will be provided.

Anyone with underlying health conditions or compromised health is respectfully asked not to volunteer.

For questions or for more information, please contact Director of Volunteers Margo Heller, mheller@bergenfamilypromise.org.

For scheduling, please email Paul (pshackford@gmail.com) and he will add you to the list. Volunteers are scheduled each week for the following week. The schedule is done one week at a time.

Please send the following information when emailing Paul and he will contact you.

- Email and cell phone number
- Where you heard about this opportunity
- Available days

Thank you.